TRAINING AND CERTIFICATION PATHWAY FOR HIGH PERFORMANCE 1 COACHES

TRAINING ENTRY

(PRE-REQUISITES NOT REQUIRED FOR TRAINING PARTICIPATION.)

Equine Canada High Performance 1 Coach Training Modules:

1. Equine Clean Sport
2. Developing Athletic Abilities – Equestrian Athlete
3. Developing Athletic Abilities – Equine
4. Analyzing High Performance
5. Performance Planning for High Performance Training
6. Manage a High Performance Equestrian Sport Program
7. Advanced Practice Planning
8. Prevention and Recovery (Equine)

NCCP Multi-Sport Modules:

1. Make Ethical Decisions *(may do either the NCCP multi-sport, or Equestrian module)*
2. Plan a Practice (*(may do either the NCCP multi-sport, or Equestrian module)*
3. Design a Basic Sport Program
4. Coaching and Leading Effectively
5. Managing Conflict
6. Prevention and Recovery (Human)
7. Psychology of Performance
8. Leading Drug Free Sport (Human)

EC/NCCP High Performance 1 Coach Trained

Training courses are required for 'trained' status and highly recommended preparation. However, training is not mandatory for evaluation.

EVALUATION ENTRY PRE-REQUISITES

1. EC Gold Sport License
2. Discipline specific experience
3. MED Online Evaluation
4. Criminal Record Check *
5. Signed Code of Ethics
6. 22yrs as of Jan. 1
7. First Aid/CPR

Evaluation Steps 1-3

Segments are paper submissions evaluated separately. Candidate must achieve the standard in the first three segments prior to attending Steps 4-6.

1. Design a Sport Program -Yearly Training and Recovery Plan
2. Manage a Sport Program - Business Management information
3. Plan a Practice – Session Plan and EAP

Evaluation Steps 4 & 5 (Practical Evaluation)

3 Coaching sessions (4 for Eventing)
Outcomes Evaluated:

4. Provide support to athletes in training.
5. Analyze performance.

Evaluation Step 6 (In-competition)

Candidate must achieve the standards for outcomes 1-5 prior to evaluation at Step 6.

6. Support the competitive experience

EC/NCCP HIGH PERFORMANCE 1 COACH CERTIFIED

CERTIFICATION MAINTENANCE

To maintain certified status, all Equine Canada coaches must maintain:

- **EC Sport License and Coaching Levy**
- **A current CPR/First Aid certificate**
- **Criminal Record Check ***
- **20 hours of qualified professional development within each 3-year period**

**as per EC standards*

National Coaching Certification Program / Programme national de certification des entraîneurs

coach.ca REACH HIGHER VISER PLUS HAUT